Yoga Australia Statement
18 Dec 2022

Update of Resources relating to the Royal Commission into Institutional Responses to Child Sexual Abuse

A website has been created by former initiates of Satyananda Yoga, yoga teachers and academics, which shares the stories and testimony of Survivors. By highlighting the ongoing impact of abuse in the community, it aims to continue the work of those who spoke about their experiences to the Royal Commission:

Case Study 21 – Satyananda Yoga Ashram (Click here to view)

This website also contains further details about the findings of the Royal Commission in relation to Satyananda Yoga and clearly outlines those outstanding unresolved matters. It was created by former initiates of Satyananda Yoga; yoga teachers from other organisations; yoga researchers and academics, in consultation with many of the survivors of abuse; and with secondary victims of vicarious trauma and institutional betrayal.

Click here to see In Good Faith Foundation's statement regarding this; and Braveheart's statement here.

SOAS University of London Spiritual Abuse in Modern Yoga PodCourse (Click here)

In the PodCourse, "Spiritual Abuse in Modern Yoga", produced by SOAS University of London, Amelia Woods considers issues surrounding abuse in Yoga. The course seeks to clarify the nature of spiritual abuse and its history within the transnational Yoga community. Students who undertake this course will be awarded a 'Certificate of Completion', with a value of 12 hours of CPD/CE merit from SOAS YogaStudies Online.

To enrol in this important programme, visit SOAS YogaStudies Online (Click here).

Support is available

If you have concerns relating to your own safety or well-being or that of a colleague, yoga practitioner or student, please contact the relevant emergency support service:

https://www.1800respect.org.au/ 1800 737 732

https://lifeline.org.au 131 114

https://suicidecallbackservice.org.au 1300 659 467

https://kidshelpline.com.au 1800 551 800

https://www.respect.gov.au/services/