

Yoga Australia accepts members from all states and territories who meet certain standards of training and experience. The purpose of this Code is to promote professional practice and excellent outcomes for all involved.

<h3>Membership Obligations</h3>	<h3>Scope of Practice</h3>
<ul style="list-style-type: none"> • Maintain current First Aid certification • Maintain Working with Children/Vulnerable People checks where required • Maintain professional indemnity (\$2m) and public liability (\$10m) insurance • Maintain currency and extend skills through Continuing Professional Development as outlined for your level • Be subject to electronic audit on certifications, insurance, and CPD • Contribute positively to the community and profession 	<ul style="list-style-type: none"> • Understand and work within the limits of your qualifications, experience, and competence • Evaluate client needs and capabilities before commencing services, with suitable modifications • Safely instruct, according to your training, practices such as posture, breath, relaxation, meditation • Refer to other health professionals when services fall outside your scope or competence • Do not diagnose medical conditions • Do not advise on medication, supplements, herbs
<h3>Consent</h3>	<h3>Professional Boundaries</h3>
<ul style="list-style-type: none"> • Obtain consent before any physical contact; consent may be withdrawn at any time without explanation • Remain attentive to non-verbal cues and provide clear methods to decline • Seek ongoing consent throughout the session • Follow relevant requirements if working with minors 	<ul style="list-style-type: none"> • Welcome clients regardless of cultural background, age, gender identity, ethnicity, physical and mental abilities, sexual orientation, or religious beliefs • Be alert to power dynamics; do not harass or exploit • Declare and address conflicts of interest, and navigate all relationships with regard for the professional context
<h3>Practice Standards</h3>	<h3>Claims and Representations</h3>
<ul style="list-style-type: none"> • Ensure practice premises meet standards for safety, cleanliness, and privacy under applicable laws • Maintain complete service records in English and in accordance with the Privacy Act, stored securely and protected from unauthorised access and cyber threats • Provide tax and insurance compliant receipts • Obtain informed consent before commencing services • Provide clear pricing and obtain financial consent 	<ul style="list-style-type: none"> • Inform people that yoga may relieve or improve certain conditions and promote wellbeing; do not claim to cure any condition or make unsubstantiated claims • Be familiar with the evidence base for your practices and able to reference it when required • Respect copyright and acknowledge sources • Speak respectfully of other traditions and modalities; behave professionally online and in public forums
<h3>Workplace Safety</h3>	<h3>Accountability</h3>
<ul style="list-style-type: none"> • Comply with relevant workplace health and safety requirements, including a workplace safety plan appropriate to your practice setting • Identify and manage hazards in teaching environments • Document risk assessments, incidents, and injuries 	<ul style="list-style-type: none"> • Disclose to Yoga Australia any criminal convictions, or pending investigations relating to professional practice or work with young or vulnerable persons • Notify Yoga Australia if insurance is cancelled or lapses • Participate in dispute resolution when required

Additional resources available on the Yoga Australia website. Report breaches to Yoga Australia. This Code should be read alongside applicable legal obligations including anti-discrimination, child safety, consumer law, criminal law, intellectual property, privacy, and workplace health and safety. The Yoga Australia Board is responsible for overseeing the Code and considering complaints made against members.